



# BEHAVIORAL CARE CENTER

## DAVIDSON COUNTY SHERIFF'S OFFICE

*Offering short-term residential care to treat mental health and substance abuse issues outside the criminal justice system.*

### ABOUT US:

The Davidson County Sheriff's Office (DCSO) Behavioral Care Center (BCC) is a state licensed adult supportive treatment facility providing gender responsive trauma-informed care to residents in a short-term residential setting as an alternative to jail.

Residents who successfully complete the program will not face criminal charges and will be provided resources for continuation of care.

The BCC is a 60 bed facility that can house 30 males and 30 females. At maximum capacity, it is estimated that the facility will impact 1,500-2,000 individuals annually. DCSO's facility is designed to be a treatment setting rather than a correctional one.

### CONTACT:



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# OUR PROGRAM:

Sheriff Daron Hall and the DCSO work in collaboration with the Metropolitan Nashville Police Department, the District Attorney’s Office, and the Metropolitan Public Defender’s Office towards the goal of decriminalizing mental illness. These agencies, along with Wellpath and Mental Health Cooperative providers implement needs assessments and guidelines to determine which arrestees qualify for treatment at the BCC. Criteria for the BCC includes:

- Mental health or substance use disorder diagnosis
  - Misdemeanor charge level
  - Acuity level low enough to actively participate in programming
- Qualifying individuals will be diverted to the BCC rather than a jail facility and will begin the process of decriminalizing their arrest.



# TREATMENT PLANS:

Each resident receives an individualized treatment plan upon arrival at the BCC. Therapists use assessment tools to determine targeted areas of focus during treatment and anticipated length of stay.

Treatment at the BCC includes:



After stabilization at the BCC, the discharge specialist’s goal is to connect each resident with community resources and ensure continuity of care. Residents receive follow-up calls after discharge to confirm their plan is still working and to provide additional services as needed.

# PROGRAM TESTIMONIALS:

*“Being in this program has given me the ability to challenge my ideas and seek the help I needed to better myself. I have learned coping skills that will benefit me in the outside world and I am ready to transition into a healthy lifestyle.”*

*“My time here at the BCC helped me to prepare for the next step in my treatment . I probably would not have been ready for the rehab center if I had gone directly from jail.”*

*“The treatment here has helped me better understand the triggers that lead me to make bad decisions. This is the most help I’ve ever received after getting arrested and I’m looking forward to following up with the Mental Health Co-op.”*